Virginia's National Core Indicators (NCI) Project

NCI Consumer Survey 2013/14
Outcomes for People Who Have Moved From State Training Centers During 10/13/2011 to 7/1/2013

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This report includes information from a sample of adults with intellectual and developmental disabilities (I/DD) who have moved from state training centers during 10/13/2011 to 7/1/2013.

Virginia participates in the National Core Indicators (NCI) Project as part of the state's effort to measure the quality of I/DD services and system performance.

It is important to note that survey responses may not be representative of the experiences of all individuals who have left the state training centers; results only represent the opinions of those who responded to the survey.

Questions about this report should be referred to Parthy Dinora at padinora@vcu.edu.

Visit our website at:
www.vcu.edu/partnership/nci/
People Who Have Moved From State Training Centers During 10/13/2011 to 7/1/2013

The NCI Survey has 3 sections:
- BACKGROUND is completed by support coordinators, case managers, or social workers
- For SECTION 1, only the person who uses services can respond
- For SECTION 2, the person or a proxy can respond

About the people who moved from the Training Centers

54% were male
52% moved from Southeastern Virginia Training Center
50% were white, 46% were black
52% had a seizure disorder
57% had a label of a profound intellectual disability and 28% had a label of a severe intellectual disability

Regions in Virginia where respondents live

Northwest = 18%
Northern = 7%
Southwest = 10%
Central = 28%
Eastern = 36%

Where Respondents Live

Respondents' Other Disabilities

ICF-ID
- ICF-ID
- Family home
- Sponsored Residential
- Group home (1 to 3)
- Group home (4 to 6)
- Group home (7 to 15)
- Nursing Facility

- Autism (N=14)
- Cerebral Palsy (N=15)
- Seizure Disorder (N=46)
- Limited or No Vision (N=30)
- Hearing Loss (N=10)
- Other Disabilities (N=31)

Respondents' Mobility

- Moves self around environment without aids
- Moves self around environment with aids or uses wheelchair independently
- Non-ambulatory, always needs assistance
Experiences of People Who Moved From State Training Centers Compared to Those Who Used ID or DS Waiver Services

There were some SIMILARITIES between the two groups:

- **Health Status**: 53% of the TCG and WG had a health status of "excellent" or "very good".
- **Guardianship**: 30% of the TCG and WG had full guardians.
- **Behavior**: 60% of the TCG and WG needed some or extensive support to manage behavior.
- **Medication**: 17% of the TCG and WG took medication for a psychotic disorder.

There were some DIFFERENCES between the two groups:

- **Age**: TCG average age was 55 and the WG was 43.
- **Residence**: 25% of the TCG lived in group homes with 3 or fewer people and the WG was 59%.
- **ID Label**: 88% of the TCG had a label of severe/profound and the WG was 29%.
- **Communication**: 79% in the TCG used gestures/signs for communication and the WG was 28%.
- **Mobility**: 31% in the TCG needed mobility assistance and the WG was 7%.
- **Medical Needs**: 34% in the TCG needed medical attention at least 1x or more a month and the WG was 18%.

*The differences between the groups were statistically significant.*

We also combined questions from NCI into SCALES to look at outcomes for both groups:

### Community Inclusion Scale
The WG participated in community activities more times each month than the TCG.

- **TCG**: 11 times
- **WG**: 16 times

### Life Decisions Scale
Choice in place to live, day support, staff, roommates

### Personal Control Scale
Choice of staff, support coordinator/case manager

### Social Determination Scale
Choice in daily schedule, spending money, free time, go on date

**Social Participation Scale**
The WG participated in community activities with family and friends more often than the TCG. For example:

- **Shopping**
  - friends & family
  - housemates & co-workers
  - staff members

- **Entertainment**
  - friends & family
  - housemates & co-workers
  - staff members