**Target Audience:** Children, birth to age 3, and their families, infant & toddler caregivers, teachers and directors including Early Head Start.

**Values & Principles**
- Child and family-centered;
- Relationship-based;
- Evidence-based;
- Strength-based;
- Community-based;
- Accessible;
- Inclusive;
- Culturally sensitive; Builds on existing early childhood and professional development providers and resources.

**Implementation Partners**
- Partnership for People with Disabilities
- Virginia Association for Infant Mental Health (VAIMH)
- Virginia Commonwealth University (VCU)
- Virginia Department of Social Services (VDSS)
- VDSS Social Emotional Pilot Sites
- Virginia Early Childhood Foundation (VECF)/Smart Beginnings
- Early Childhood Mental Health Virginia Advisory Board
- Virginia Infant and Toddler Specialist Network
- Child Care Aware
- Virginia’s Quality Rating and Improvement System (Virginia Quality)
- Part B & Part C Services

**Priority Areas/Objectives**
1. To increase caregiver, teacher & director competence & confidence in supporting social & emotional development of infants & toddlers (0 to 3);
2. To create a cadre of trainers skilled in the Pyramid Model;
3. To infuse the VAIMH Competencies for Level I & II into PD efforts;
4. To grow the number of caregivers, teachers & directors endorsed in VA in Infant Mental Health;
5. To increase use of Pyramid Model. PBS practices, & ASQ:SE & ASQ-3 screening to promote positive child outcomes;
6. To create professional development opportunities & follow-up coaching on Pyramid Model for infant & toddler caregivers, teachers & directors;
7. To develop a variety of methods to provide information about implementation phase activities.
8. To collaborate with the ECMH Advisory Board to explore implementation of PBS with infant and toddler providers.

**Context/Problem**
- Social and emotional development is the foundation for early learning;
- Data indicates an increasing number of children with social and emotional challenges;
- VA ranks 10th in the nation for the number of children expelled from preschool settings;
- Brain research supports early childhood prevention and intervening early;
- There is a need for building capacity for a competent early childhood workforce;
- Challenging behaviors interfere with the child/parent/professional partnership.

**Strategies/Activities**
- Expand ECMH VA Advisory Board with members directly linked to this project;
- Identify existing Pyramid Model Trainers & identify caregivers & teachers currently using ASQ-3 & ASQ:SE and Pyramid Model;
- Ensure Training & Coaching is Provided:
  - Pyramid Model Module 4
  - Pyramid Model Module 1-2
  - ASQ:SE & ASQ-3
- Build/Support a Cadre of Competent Pyramid Model, ASQ:SE and ASQ-3 Trainers & Coaches:
  - Hold Train the Trainer Events
  - Hold Coaching Training & provide F/U Support
- Develop a plan for appropriate and effective incentives that encourage participation in PD opportunities & program-wide implementation;

**Mission:** To build a consistent family-centered professional development framework of evidence-based practices for infant & toddler caregivers, teachers and directors in order to strengthen the social and emotional development of children birth to age 3 in child care centers, family child care homes & unregulated care (family, friend and neighbor) thus, improving the quality of child care.

**Outputs**
- ASQ-3 & SE-2 Webinar - Brookes Publishing 1 hour webinar for trainers and coaches; Project SEED Trainers offer 4 webinars for providers (15-30 trainers, coaches, providers per webinar - total of 75-250);
- Project SEED Awareness Webinars - 2 Project SEED awareness webinars (10-30 participants per webinar total of 20-60);
- "Sprout Sessions with Project Seed" - 30 minute webinars by Project SEED Trainers (at least one a quarter) on topics of interest to infant & toddler providers and directors about social-emotional development (total of 40-80 providers)
- Pilot Pyramid Model Module 4 Leadership Webinar - One 2 part webinar (3 hours each for a total of 6 hours) live and recorded webinar for 25 Directors; to be piloted in one REGION. Maximum of 5 sites (total of 25 directors)
- Pilot Pyramid Model Module 4 Leadership Coaching (for directors, administrators, leadership)- 8-12 hours of follow up coaching support for individuals who participated in CSEFEL Module 4 webinars (total of 3-5 directors)
- Pyramid Model Module 1&2 Provider Level Training - 2 day (7 hours each day for a total of 14 hours of training) training events in the Central, Piedmont, and Western regions of Virginia (total 30-65 providers)
- ASQ-SE/ASQ-3 Provider Level Training - By previously trained ASQ-SE/ASQ-3 trainers, 1/2 day (4 hours) training event in 5 VCPD Regions (For child care providers); 20-25 targeted per region; (total of 100-125)
- Pilot ASQ-SE/ASQ-3 Provider Level Coaching - By previously trained ASQ-SE/ASQ-3 trainers; 4 hours of coaching support (total of 10 participants)
- ASQ-3 & ASQ-SE-2 Train the Trainer - By Brookes Publishing; 2 day training event in Western region; (total of 15-20 targeted trainers)
- Project SEED License Presentations - Offer to provide Project SEED introductory presentations at the VDSS Fall and Spring Provider meetings held by the 8 Regional VDSS Licensing Offices to garner interest by providers in attending project training and coaching
- VAIMH Endorsement -10 to 12 infant/toddler providers, teachers &/or directors (2 in each of the 5 PD Consortiums) approved to complete level 1 or 2 of the IMH Endorsement
- Reflective Supervision - Ongoing reflective supervision support for 19 Level 1 infant and toddler providers
### Acronyms

<table>
<thead>
<tr>
<th>Acronym</th>
<th>Description</th>
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<tbody>
<tr>
<td>ASQ</td>
<td>Ages and Stages Questionnaire</td>
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<tr>
<td>ASQ-SE</td>
<td>Ages and Stages Questionnaire-Social Emotional</td>
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<td>ECMH</td>
<td>Early Childhood Mental Health</td>
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<td>F/U</td>
<td>Follow-Up</td>
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<td>ITC</td>
<td>Integrated Training Collaborative</td>
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<td>IMH</td>
<td>Infant Mental Health</td>
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<td>ITSN</td>
<td>Infant &amp; Toddler Specialist Network</td>
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<td>PD</td>
<td>Professional Development</td>
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<td>Positive Behavioral Support</td>
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<td>Partnership for People with Disabilities</td>
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<td>SE</td>
<td>Social and Emotional</td>
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<td>TA</td>
<td>Technical Assistance</td>
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<td>T/TAC</td>
<td>Training and Technical Assistance Center (Virginia Department of Education)</td>
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<td>VA</td>
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<td>VAIMH</td>
<td>Virginia Association for Infant Mental Health</td>
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<tr>
<td>VCPD</td>
<td>Virginia Cross-Sector Professional Development Leadership Team</td>
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<tr>
<td>VDSS</td>
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