Strategic Plan Priorities
(Birth to Age 5)

What's Our Destination?

- **Infant/ECMH Consultants** available across Virginia endorsed with the I/ECMH Endorsement;
- **IMH Courses** @ at least one university (VCU OCPE);
- **Reflective Supervision & I/ECMH competency guidelines embedded** in early childhood settings;
- **Universal Screening** that includes Social Emotional Development;
- **A Cadre of Infant/ECMH Leaders** endorsed at Category IV (Clinical, Policy, Research/Faculty);
- **ECMHVA data indicators used consistently & embedded** within 0-5 data systems;
- **Use of DC: 0-5** for diagnosing & reimbursement;
- **A Continuum of Reimbursed ECMH Services** for Children 0-5 linked to Endorsement & Medicaid;
- **Code of Virginia includes language/funding** to support I/ECMH supports/services for birth to age 5;
- **IMH & ECMH Practicums** readily available & supervised by endorsed Category III-IV professionals.

How Will We Do It?

Workforce Development

- Initiate VCU continuing education courses linked to Endorsement competencies;
- **IMH Supervisor/Clinical/Mentor Level Training**;
- **IMH Endorsement embedded in Early Care & Education systems**;
- **NCCP VA Childcare Provider Survey** focused on children with challenging behavior;
- **VDOE VTSS/Pyramid Model**;
- Head Start Trauma Informed Training (Head Start Collaboration Office);
- Every Other Year I/ECMH Conference;
- **DBHDS CSB Clinical Training Series-(Kick-Off 2018 ECMH Conference)**;
- Expand Endorsement from IMH (Birth-3) to ECMH (Birth-5) when available (end of 2019);
- Program-wide implementation of Pyramid Model & ongoing training for Providers & Trainers/Coaches; Identify partners to provide Parents Interacting With Infants Training;
- Annual Pyramid Model Consortium State Partner ($4500);
- Integrate Pyramid Model into preservice requirements.

Capacity Building

- **Collaborations to build system of ECMH Consultation 0-5**
- **Collaborations to build Reflective Supervision capacity & embed in Early Care & Education, Early Intervention & Home Visiting systems**;
- Link to NASW and LPC Associations/ Identify strategies to build expertise with IMH/ECMH;
- Training on ASQ-3 & ASQ-SE & Pyramid Model;
• State Preschool Expulsion Prevention Policy;

Funding:
• Identify existing funding through Medicaid & other sources including private insurance, State General funds, grants, etc.;
• ECMHVA Initiative infrastructure funding;
• Funding to continue Project SEED VA & Identified Activities (Pyramid Model; ASQ-3 & ASQ-SE Screening; & Funding to Support Endorsement Candidates fees & Reflective Supervision)

Early Childhood Mental Health Virginia (ECMHVA) is a statewide initiative focused on the development, implementation and sustainability of a comprehensive and coordinated early childhood system of care for infant and early childhood mental health serving children birth through age five and their families/caregivers and providers, that provides for increased access to and funding for a continuum of quality prevention, promotion and intervention evidence-based services that support the parent-child relationship and other key caregiver relationships and are linked to efforts supporting older children’s mental health services in Virginia. Values supported are as follows:
  o Engages parents as partners;
  o Provides high quality supports and services to families;
  o Is grounded in developmental knowledge;
  o Includes family and child centered practices and policy & cultural and linguistic competence;
  o Is infused into natural settings and services & relationship based;
  o Utilizes evidence-based practices;
  o Is linked to the substance abuse, domestic violence and court systems;
  o Includes workforce development supporting providers in Education, Special Education, Childcare, Health, and Home visiting systems;
  o Assures comprehensive mental health services for infants and toddlers in foster care and to the highest risk/most vulnerable infants and young children & their families in Virginia

The ECMH VA State Coordinator is responsible for overseeing the ECMHVA Initiative including the development and implementation of a Virginia ECMH Strategic Plan, facilitating regular meetings of the ECMHVA Advisory Board and administering the Virginia Endorsement for Culturally Sensitive, Relationship-Focused Practice Promoting Infant Mental Health.

The ECMH Virginia State Coordinator/Infant Mental Health Endorsement Coordinator is an employee of the Partnership for People with Disabilities in the School of Education at Virginia Commonwealth University. Funding for the ECMH Virginia State Coordinator is currently made available through the generous support of our largest funder, the Infant & Toddler Connection of Virginia at the Department of Behavioral Health & Developmental Services and through funding made available by our sustaining partner, the Virginia Department of Education, Early Childhood Special Education.

Funding for the ECMH Virginia Initiative is currently made available through the generous support of the Infant & Toddler Connection of Virginia in the Department of Behavioral Health & Developmental Services and the Head Start State Collaboration Office with the Virginia Department of Social Services. The ECMH Virginia Initiative partners with the Virginia Association for Infant Mental Health to implement the Virginia Endorsement for Culturally Sensitive, Relationship-Focused Practice Promoting Infant Mental Health. Funding in previous years from the Virginia Department of Health (Early Childhood Comprehensive Systems Grant) and the Virginia Department of Social Services (CCDBG Infant & Toddler) has also supported this initiative.

• DC: 0-5 Training and use of Crosswalk for common language/billing & reimbursement
Glossary of Abbreviations

ASQ: SE 2: Ages & Stages Questionnaire-Social Emotional, 2nd edition
ASQ-3: Ages & Stages Questionnaire 3rd edition
CHOR: Children’s Hospital of Richmond
CSBs: Community Services Boards
DC: 0-5: Diagnostic Criteria, Birth to Five
DBHDS: Virginia Department of Behavioral Health & Developmental Services
DMAS: Virginia Department of Medical Assistance Services
ECMH: Early Childhood Mental Health
ECMHVA: Early Childhood Mental Health Virginia Initiative
EIVA: Early Impact Virginia (formerly known as the VA Home Visiting Consortium)
IMH: Infant Mental Health
ITCVA: Infant & Toddler Connection of Virginia at DBHDS
ITSN: Infant Toddler Specialist Network
LPC: Licensed Professional Counselor
MCOs: Managed Care Organizations
NASW: National Association of Social Workers
NCCP: National Center for Children in Poverty
OCPE: Office of Continuing and Professional Education at Virginia Commonwealth University
PPD: Partnership for People with Disabilities at Virginia Commonwealth University
Project S.E.E.D. VA: Project Social Emotional Education & Development Virginia
SE: Social-Emotional
VA: Virginia
VAIMH: Virginia Association for Infant Mental Health
VCU: Virginia Commonwealth University
VDH: Virginia Department of Health
VDSS: Virginia Department of Social Services
VECF: Virginia Early Childhood Foundation
VTCC: Virginia Treatment Center for Children
ZTT: Zero To Three