Date and Time: March 27, 2018 from 1:00 – 2:00 pm ET/12:00 – 1:00 pm CT/11:00 am – 12:00 pm MT/10:00 – 11:00 am PT.

Description: Maternal depression encompasses a range of conditions that can affect women at any time, and occurs most often during pregnancy and in the first year postpartum. Having a depressed mother can have a negative impact on young children’s behavior and social/emotional development. Home visitors and early childhood professionals are often best positioned to support very young children and their families. Infant and early childhood mental health (IECMH) consultants can help home visitors and early care and education (ECE) providers learn the skills needed to support children and families who are experiencing the effects of maternal depression.

This webinar will explore the role of IECMH consultants in building staff capacity to identify maternal depression and support mothers and their young children through screening, support, and linkages to evidence-based prevention and treatment services. After attending this webinar, participants will:

- Understand how maternal depression affects infants and toddlers.
- Understand how IECMH consultants can help ECE providers and home visitors identify maternal depression in the families they serve.
- Identify strategies to address maternal depression in ECE and home visiting settings.

Who Should Attend? This webinar is for program directors in infant and early childhood mental health consultation, early care and education, Early Head Start and Head Start, and home visiting, as well as federal, state, tribal, and community maternal and child health agency workers.

Please forward this invitation to anyone who may be interested in attending.

Presenters:

- Deborah Perry, Expert Mentor with the Center of Excellence for IECMH, and Director of Research and Evaluation and a Research Professor at the Georgetown University Center for Child and Human Development
- Cathy Ayoub, Associate Professor at Harvard Medical School, and Director of Research and Evaluation at Brazelton Touchpoint Center
- Debra Sosin, Program Manager for Family Connections at Brazelton Touchpoint Center

Please register by March 26, 2018 to receive webinar login information.