This report includes information from a sample of family members of adults with intellectual and developmental disabilities (I/DD) who use services from the Intellectual Disability (ID), Individual and Family Developmental Disabilities Support (DD), and Day Support (DS) Waivers; adults who live in state training centers, community ICFs-IID, and nursing facilities; and adults who have recently moved out of state training centers.

Family members responded to one of two surveys:
1) a survey for families who have an adult family member over 18 who lives in the family home, or
2) a survey for families who have an adult family member over 18 who lives outside of the family home.

Virginia participates in the National Core Indicators (NCI) Project as part of the state’s effort to measure the quality of I/DD services and system performance.

Questions about this report should be referred to Parthy Dinora at padinora@vcu.edu.

Visit our website at:
www.vcu.edu/partnership/nci/
NCI Adult Family Surveys

It is important to note that survey responses may not be representative of the experiences of families across Virginia; results only represent the opinions of those who responded to the survey.

About the families who responded to the survey

A total of 538 families completed the survey (34% response rate)

The majority of respondents (57%) were between the age of 55 and 74. Respondents whose family members are living outside of the family home were older.*

The majority of respondents (65%) do not have a college degree. Respondents whose family members are living outside of the family home were more highly educated.*

The majority of respondents (64%) have a household income below $50,000 and 41% have an income below $25,000.

Regions in Virginia where respondents live

<table>
<thead>
<tr>
<th>Region</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest</td>
<td>20%</td>
</tr>
<tr>
<td>Northern</td>
<td>13%</td>
</tr>
<tr>
<td>Southwest</td>
<td>21%</td>
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<tr>
<td>Central</td>
<td>24%</td>
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<tr>
<td>Eastern</td>
<td>22%</td>
</tr>
</tbody>
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About respondents' family members with intellectual or developmental disabilities (I/DD) who use Medicaid services

71% of people live outside of the family home

42% of people need “complete” help with daily activities

50% of people are between the ages of 45 to 64. Those who live outside of the family home are older (Mean = 50) as compared to people who live in the family home (Mean = 37)*

65% of people need some or extensive support to manage behavior challenges; however, those who live outside of the family home reportedly need more support for behavior challenges as compared to people who live in the family home*

59% of people require medical services less than once a month; however, those who live outside of the family home reportedly have greater medical needs as compared to people who live in the family home*

* Indicates statistically significant differences between groups
NCI Family Experiences with Supports and Services

**Impact & Satisfaction**

Supports and Services Have Made a Positive Difference

- **97%** Yes
- **3%** No

Overall Levels of Satisfaction with Supports and Services

- **54%** Always
- **37%** Usually
- **7%** Sometimes
- **2%** Seldom

Supports and Services Change When Service Recipient’s Needs Change

- **59%** Always
- **32%** Usually
- **5%** Sometimes
- **2%** Seldom
- **1%** Never

Respondents who have family members who live outside of the family home are "Always/Usually" satisfied with services (95%) more often than those whose family members live in the family home (80%).*

**Assistance, Involvement, & Friendship**

- **85%** of respondents reported that they knew whom to talk with if they had a problem with their family member’s case manager/service coordinator/social worker. The percentage was higher for those who have a family member who lives outside of the family home than for those who live in the family home*.
  - **91%** Lives outside of the family home
  - **72%** Lives in the family home

- **82%** of respondents reported that they "Always/Usually" have enough information to participate in planning. The percentage was higher for those who have a family member who lives outside of the family home than for those who live in the family home*.
  - **85%** Lives outside of the family home
  - **75%** Lives in the family home

- **72%** of respondents reported that their family member has enough supports to work/volunteer in the community. The percentage was higher for those who have a family member who lives outside of the family home than for those who live in the family home*.
  - **78%** Lives outside of the family home
  - **58%** Lives in the family home

- **72%** of respondents reported that their family member has friends other than paid staff. The percentage was higher for those who have a family member who lives in the family home than for those who live outside of the family home*.
  - **68%** Lives in the family home
  - **80%** Lives outside of the family home

- **93%** of respondents reported that they can "Always/Usually" contact their family member’s support coordinator/case manager when they need to.

- **93%** of respondents reported that individuals who use ID/DD Medicaid services participate in community activities.

* Indicates statistically significant differences between groups