Virginia's National Core Indicators (NCI) Project

Fiscal Year 2016
Adult Family Summary Report

For Families with Members 18 and Over Who Use Medicaid Developmental Disability Services

Prepared by:
Partnership for People with Disabilities
Virginia Commonwealth University

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This report includes information from a sample of family members of adults with intellectual and developmental disabilities (I/DD) who use Waiver services and adults who live in state training centers, community ICFs-IID, and nursing facilities.

Family members responded to one of two surveys:
   1) a survey for families who have an adult family member over 18 who lives in the family home, or
   2) a survey for families who have an adult family member over 18 who lives outside of the family home.

Virginia participates in the National Core Indicators (NCI) Project as part of the state’s effort to measure the quality of I/DD services and system performance.

Questions about this report should be referred to Parthy Dinora at padinora@vcu.edu.

Visit our website at:
www.vcu.edu/partnership/nci/
# 2016 NCI Adult Family Surveys

It is important to note that survey responses may not be representative of the experiences of all families across Virginia; results only represent the opinions of those who responded to the survey.

## Characteristics of families who responded to the survey

<table>
<thead>
<tr>
<th>Category</th>
<th>Person lives OUT of the family home</th>
<th>Person lives IN the family home</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aged 55 or older</td>
<td>84%</td>
<td>79%</td>
</tr>
<tr>
<td>Has college degree</td>
<td>43%</td>
<td>44%</td>
</tr>
<tr>
<td>Income less than $50,000</td>
<td>53%</td>
<td>65%</td>
</tr>
<tr>
<td>Health Status Fair to Poor</td>
<td>41%</td>
<td>44%</td>
</tr>
</tbody>
</table>

## Characteristics of family members who use I/DD services

<table>
<thead>
<tr>
<th>Category</th>
<th>Person lives OUT of the family home</th>
<th>Person lives IN the family home</th>
</tr>
</thead>
<tbody>
<tr>
<td>Average age</td>
<td>47</td>
<td>35</td>
</tr>
<tr>
<td>Needs extensive daily living support</td>
<td>83%</td>
<td>87%</td>
</tr>
<tr>
<td>Needs extensive behavior support</td>
<td>37%</td>
<td>22%</td>
</tr>
<tr>
<td>Need extensive personal assistance support</td>
<td>59%</td>
<td>51%</td>
</tr>
</tbody>
</table>

* Indicates statistically significant differences between groups
NCI Family Experiences with Supports and Services

Outcomes and Satisfaction

100% report that supports/services have made a positive difference.

96% report that supports/services have helped their family member live a good life.

However, there are some statistically significant differences between family experiences.

Always/usually satisfied with services

- 93% Lives out of the family home
- 80% Lives in family home

Information and Planning

The information families get about services is always/usually easy to understand

- 91% Person lives out of the family home
- 77% Person lives in family home

Statistically significant difference between families

90% report that their family member’s plan includes all needed services and supports

84% always/usually have enough information to participate in planning

94% report that case managers respect family choices and opinions

Access and Delivery of Supports

85% report that their family member has access to dental services

71% report that their family member has friends other than paid staff

91% report that their family member takes part in community activities

Services change when the family member’s needs change

- 94% Lives out of the family home
- 83% Lives in family home

Statistically significant difference between families